

## Real Food Cookbook Recommendations

Danielle Walker: Against All Grain, Meals Made Simple, Celebrations, Eat What You Love

Jennifer Robins: The Paleo Kids Cookbook, (Affordable Paleo) Cooking with your Instant Pot, Down South Paleo

Michele Tam: NomNom Paleo Ready or Not

Sarah Ballantyne: The Paleo Approach

Sarah Fragoso: Everyday Paleo

Diane Sanfilippo: Practical Paleo

Michelle Smith: The Whole Smiths Good Food Cookbook

Paleo Parents and Elana Amsterdam: Eat Like a Dinosaur

Stacy Toth and Matt McCarry: Real Life Paleo

If cookbooks aren't your thing, my best suggestion is simply to google a paleo version of whatever it is you would like to make (Ex: Paleo chicken thighs recipes). Then look at the starred reviews. The more you search, the more you will find tried and true recipes from the same bloggers appearing over and over. Here are a few to consider...

Paleo Running Momma

Danielle Walker Against All Grain

Michele Tam Nom Nom Paleo

Stupid Easy Paleo

PaleOMG

Primal Leap

Rubies and Radishes

Elana's Pantry

Melissa Joulwan's Well Fed

Civilized Caveman

Olive You Whole

The Sophisticated Caveman

Eat Drink Paleo

The Paleo Mom

Wellness Mama